



### GENERAL RULES

- Be actively involved in your child's internet use by initiating discussions about their internet use habits
- Explain to your child that the internet is an essential tool but to be aware of the hidden dangers
- Teach your child to use the internet by using it together and not on his or her own. If possible, place the computer in the living room so you can monitor their use
- Be enthusiastic and make time when your child wants to show you what they have found on the internet
- Use appropriate web filters which allow you to control web contents accessible to your child. This allows you to limit your child's access to potentially violent web pages and prevent any potential interaction with sexual predators
- Recommend alternative activities to computer games and internet surfing. Find some time for non-virtual activities that the whole family can do
- In the case you become concerned that your child has ever experienced any kind of sexual molestation while using the internet, please let the police know immediately
- Discuss these recommendations with your child

### DID YOU KNOW?

- Girls use the computer for about 21 hours per week whereas boys use it for 25 hours per week
- Health care professionals advise not to let children under 3 use computer at any time, children ages 4-6 for no more than 20 minutes and children ages 7-10 for no more than 30 minutes a day
- It is also advised for teenagers 10-14 not to use the computer for more than an hour a day and teenagers 14-18 for more than 2 hours a day
- Health care professionals suggest not to let children watch television after using computer
- Children, teens and young adults between the ages 11-25 are the most susceptible to internet dangers
- Girls interest in playing with violent computer games are almost even to boys interest in the same games



The Safe Browsing Program supported by:

Police Department of Hungary  
Police department of Budapest

Our Partners

Symantec, producer of the Norton softwares  
<http://www.symantec.com/hu/hu/norton/themes/familyresource/>

Puskás Tivadar Foundation CERT-Hungary  
<http://www.biztonsagosinternet.hu/>

More information:

[www.safebrowsingprogram.com](http://www.safebrowsingprogram.com)



### Recommendations for safe internet browsing by parents and children

The internet is a great tool that contains hidden dangers from those trying to exploit others; primarily innocent children. These internet predators are generally present in internet forums, chat rooms and have the ability to worm themselves into chat correspondences and browsing applications. This guide has been prepared for parents who want to protect their children from internet predators so they are safe while taking advantage of the internet's many advantages. Additionally, this guide can be used for children who already use the internet but aren't aware of the dangers. We believe and hope this guide will urge parents and children to be more aware when using the internet. We wish you safe and beneficial surfing!





## GENERAL RULES

- Never leave an unlocked computer unattended. Anyone can send emails or log-in to sites using the information stored by the user and could potentially acquire your personal data or confidential information
- When visiting websites or using computer programs, try to give as little personal information as possible, e.g., only use your first name and/or nickname
- You can prevent molestation by not giving your mobile number to strangers
- Be careful with what information you share about your family and friends and careful with anyone you met on the internet
- Do not use or send revealing pictures of yourself or your friends
- Be careful when entering PIN information into online shopping sites and 'free' programs that could contain hidden spyware and viruses
- If you use WiFi at home, do not forget to turn it off to prevent unwarranted access to your personal data
- Do not believe everything you find on the internet. Feel free to discuss what you have found with your parents, teachers and friends.
- Never click on 'save password'



## SOCIAL NETWORKING SITES

- Do not share revealing pictures of yourself
- Do not invite or add people you do not know in person, or those you know solely from chat
- Share as little personal data as possible



## CHAT

- Never share your contact details (mobile number, address, etc.) with strangers
- If someone is rude, violent or threatens you, don't fight with them, just log-off the chat immediately
- Never leave your computer unlocked if you have logged-in to public chat rooms
- Never answer personal or revealing questions
- Only make dates if your parents are aware of it and you have an escort
- Never let anyone blackmail you and do not trust those who compliment you for doing what they asked if you think it's wrong (for example to send over photos, contact details, etc. of yourself)
- If you suspect someone is using your friend's name, make sure this is the case by asking questions solely you two can answer. Call this to your friend's attention if you have found someone is acting as them
- If someone invites you to a party or asks you on a date by using a friend's name, always double check that your friend knows what's happening.
- Never share the PIN code or the password of your credit card
- Never share the password of your email account
- Always remember that police do not contact you through chat.



## FORUMS

- Never share personal data
- Never share personal, dangerous or illegal content



## EMAIL

- Delete emails from unknown senders without opening them
- Never provide your personal data to banks or financial institutions requesting data through email
- Never send personal data through email



## REGISTRATION

- Check the web site with your parents and teachers before registering
- Only answer required questions when registering on websites
- Try to give as little personal data as possible (if required, give your email address or mobile number only)
- Use a different email account for games, newsletters, etc., than the one you use for every day correspondence



## NETBANKING / ON-LINE SHOPPING

- Make sure the web site you intend to buy from is valid. Also ensure that the payment process is authorised and the processing of your order is well verified
- Do not reveal your password to anyone
- Do not write your password down, keep it in your wallet or save it to your mobile phone
- Do not give your bank account and card number unless it is required
- If you are not sure what to do, feel free to ask your parents or teachers for help